

**Step # 1 First Measure for 'Euro Size'**

**Sioen Size Chart (Womens)**

Waist (cm)	Waist inches	Chest (cm)	Chest inches	Total body length (cm)	Body length inches	Size (Euro)
66-70	26.0 - 27.5	70-74	27.5 - 29.0	156-160	61.4 - 62.9	30
70-74	27.5 - 29.0	74-78	29.0 - 30.7	156-160	61.4 - 62.9	32
74-78	29.0 - 30.7	78-87	30.7 - 34.2	156-160	61.4 - 62.9	34
78-82	30.7 - 32.2	82-86	32.2 - 33.8	160-164	62.9 - 64.5	36
82-86	32.2 - 33.8	86-90	33.8 - 35.4	160-164	62.9 - 64.5	38
86-90	33.8 - 35.4	90-94	35.4 - 37.0	164-168	64.5 - 66.1	40
90-94	35.4 - 37.0	94-98	37.0 - 38.5	164-168	64.5 - 66.1	42
97-98	37.0 - 38.5	98-102	38.5 - 40.1	168-172	66.1 - 67.7	44
98-102	38.5 - 40.0	102-106	40.1 - 41.7	168-172	66.1 - 67.7	46
102-106	40.0 - 41.7	106-110	41.7 - 43.3	172-176	67.7 - 69.2	48
106-110	41.7 - 43.3	110-114	43.3 - 44.8	172-176	67.7 - 69.2	50
110-114	43.3 - 44.8	114-118	44.8 - 46.4	172-176	67.7 - 69.2	52
114-118	44.8 - 46.4	118-123	46.4 - 48.4	176-180	69.2 - 70.8	54
118-123	46.4 - 48.4	123-129	48.4 - 50.7	176-180	69.2 - 70.8	56
123-129	48.4 - 50.7	129-135	50.7 - 53.1	180-184	70.8 - 72.4	58
129-135	50.7 - 53.1	135-141	53.1 - 55.5	180-184	70.8 - 72.4	60
135-141	53.1 - 55.5	141-147	55.5 - 57.8	184-188	72.4 - 74.0	62

**Step # 2 Then compare to chart below**

<b>Euro</b>	<b>44</b>	<b>46</b>	<b>48</b>	<b>50</b>	<b>52</b>	<b>54</b>
<b>UK</b>	<b>Sml</b>		<b>Med</b>		<b>Lge</b>	
<b>Euro</b>	<b>56</b>	<b>58</b>	<b>60</b>	<b>62</b>	<b>64</b>	
<b>UK</b>	<b>XL</b>		<b>XXL</b>		<b>3XL</b>	